

Child Care Consultants, Inc.  
29 North Duke Street

Infant's Name: \_\_\_\_\_ Infant's Age \_\_\_ months

Signature: \_\_\_\_\_

Month/Year: \_\_\_\_\_ Name: \_\_\_\_\_

York, Pa 17401

**Infant Breakfast**

**Infant Lunch or Supper**

**Infant AM or PM Snack**

8-14

DATE	FORMULA* or BREAST* MILK	INFANT CEREAL* 4-11 months Required at 8 months	FRUIT / VEG* 4-11 months Required at 8 months	FORMULA* or BREAST MILK*	INFANT CEREAL* 4-11 months Required at 8 months INFANT CEREAL and/or MEAT / ALT	FRUIT / VEG* 4 -7 months Required 8 months	FORMULA* or BREAST MILK* or (JUICE 8-11 months only)	BREAD / ALTERNATE** Required at 8 months ½ slice bread or 1-2 crackers
01	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
02	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
03	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
04	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
05	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
06	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
07	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
08	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
09	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
10	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
11	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
12	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
13	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
14	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
15	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
16	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
17	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
18	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
19	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
20	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
21	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
22	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
23	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
24	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
25	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
26	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
27	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
28	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
29	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
30	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	
31	oz.	tbsp.	tbsp.	oz.	tbsp.	tbsp.	oz.	

\*amount served must be indicated.

\*\* Write the amount of crackers, toast, etc. served at snack.